




**SANDY RIVER  
EQUESTRIAN CENTER**

# LandSafe Clinic


Reducing Rider Risk  
July 14 - 15, 2020



**The Most Important Clinic Ever**  
WWW.LANDSAFEEQUESTRIAN.COM



THE RISK OF HAVING A SERIOUS INJURY IS ONCE EVERY 55 FALLS.  
NOT JUST FOR EVENTERS.  
EVERYONE HAS BAD DAYS.  
FILL THE VOID.



**LANDSAFE**  
REDUCING RIDER RISK

Sandy River Equestrian Center is pleased to offer an outstanding rider safety clinic with LandSafe. The clinic is split into two four hour sessions held on separate days to include mat work and a simulator. There is one-on-one interaction as well as group learning. Riders will be placed in two groups of 10 prior to the clinic weekend. Throughout the two days, every rider receives ample time focusing on tumbling and on the simulator. The full format clinic, offered to participants age 12 and older will be offered from 8AM to 12PM each day and from 1PM to 5PM each day. A junior session targeted to riders aged 6 to 12 will be held each day from 5 to 7PM. This is a 2 day clinic for 2 hours per day geared towards younger riders to help give them confidence to be dexterous with their reins and to go into brace position. Here the participants do all of the gymnastics training that the full session does. They use the simulator on day two to reinforce the learned skills.



## The Details

Full Format Session One - Over Age 12  
July 14 - 15: 8AM to 12PM  
Full Format Session Two - Over Age 12  
July 14 - 15: 1PM to 5PM  
Junior Session - Ages 6 to 12  
July 14 - 15: 5PM to 7PM

## Participation Cost

**Full Format Clinic:** \$350/\$250 for second time SREC repeat riders attending the LandSafe Clinic  
**Junior Format Clinic:** \$190

**Registration:** <https://www.striderpro.com/calendar?searchText=landsafe%20clinic>